



September signals the harvest - a time when our personal and community gardens, and the farmers market are over-flowing with fresh and local food. Although it's not known as an agricultural region, there are many small farm operations in Haliburton County - from garlic and organic vegetables, to fresh eggs and grass fed beef, lamb and pork. You can find it all at [www.haliburtonfresh.com](http://www.haliburtonfresh.com).

Photography By: Christine Cullen (all)

**Tips:**

- Watch for kids walking and cycling to school.
- Support the Food for Kids Student Nutrition Program - volunteer or make a donation contact: [jburnettfood4kids@gmail.com](mailto:jburnettfood4kids@gmail.com).
- Buying fresh and local is good for your health and the environment.

# September 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AUGUST 2012 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	OCTOBER 2012 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31					<input type="radio"/> Breakfast for Learning Month <a href="http://www.breakfastforlearning.ca">www.breakfastforlearning.ca</a>
2	3 Labour Day	4 First Day Back to School	5	6	7 Farmers Market in Rotary Park, Haliburton <a href="http://www.haliburtonfresh.com">www.haliburtonfresh.com</a>	8 Kinmount Farmers Market - every Saturday, 9am-2pm
9	10 Don't forget to register for curling! Youth and adult programs: <a href="http://www.mindencurlingclub.com">www.mindencurlingclub.com</a> <a href="http://www.haliburtoncurlingclub.com">www.haliburtoncurlingclub.com</a>	11	12	13 Good Food Box - order today! call Mary 705-488-1128	14 Farmers Market in Rotary Park Haliburton <a href="http://www.haliburtonfresh.com">www.haliburtonfresh.com</a> Crank the Shield - Sept. 14 - 16, 2012 <a href="http://www.chicoracing.com">www.chicoracing.com</a>	15 Sports Day in Canada <a href="http://sportsday.cbc.ca/">http://sportsday.cbc.ca/</a>
16 Minden Terry Fox Run <a href="http://www.terryfox.org">www.terryfox.org</a>	17	18	19	20 Hike Haliburton Festival Sept 20-23 <a href="http://www.haliburtonholidays.com/fall/hikehaliburton.asp">www.haliburtonholidays.com/fall/hikehaliburton.asp</a> Good Food Box - pick up today!	21 Farmers Market in Rotary Park, Haliburton <a href="http://www.haliburtonfresh.com">www.haliburtonfresh.com</a>	22 Fall Equinox
23	24	25	26	27	28 Farmers Market in Rotary Park, Haliburton <a href="http://www.haliburtonfresh.com">www.haliburtonfresh.com</a>	29 ParticipACTION Sports Day
30						